

An illustration of a hand with a green sleeve and an orange palm, pointing towards the headline. The hand is stylized with simple lines for fingers and a smiley face for the palm.

Healthcare at your **fingertips**

Stay on top of your health at home or on the go! Dorset NHS apps can help you save time, reduce stress and offer flexibility to better manage your condition.

staywelldorset.nhs.uk/digital



Scan me



Healthcare at your **fingertips**

"I'm not having to go into the doctor's and queue to see the receptionist."

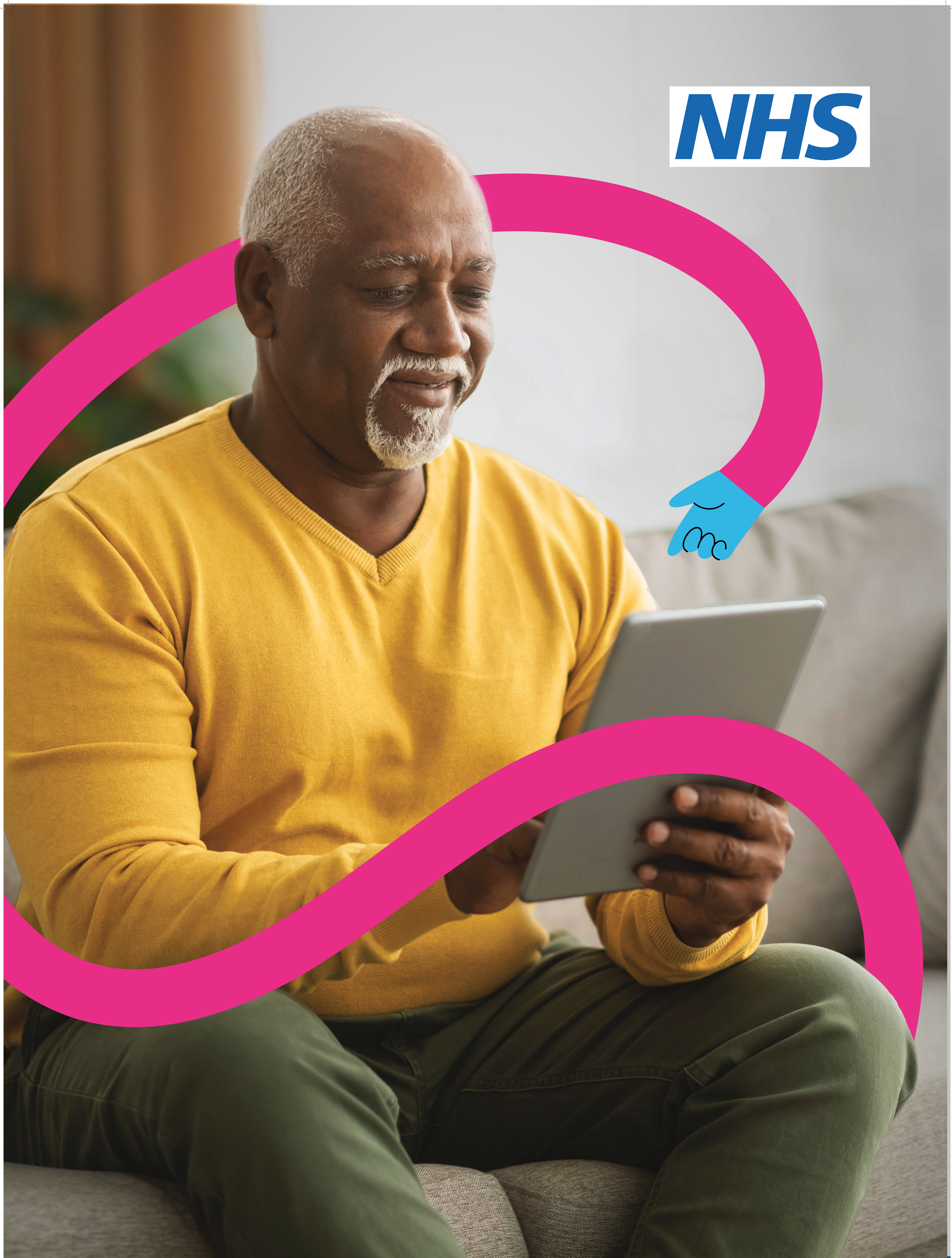
Martin, BP@Home user.

staywelldorset.nhs.uk/digital



Scan me





Healthcare at **your fingertips**

Stay on top of your health at home or on the go! Dorset NHS apps can help you save time, reduce stress and offer flexibility to better manage your condition.

staywelldorset.nhs.uk/digital



Scan me